

Sound Walk Sunday 2017 - submission - find out more about Sound Walk Sunday and enjoy other walking pieces:
<http://www.museumofwalking.org.uk/events/sound-walk-sunday/>

UK, Southend - [Oneironaut](#) - Joel Cahen - 40' - 2015 - audio

We spend 11% of our existence dreaming, a full month of each year, that's more time than we spend eating. While the body lies still the mind wanders, free of limitations of time and space. This story poses the possibility that a conscious dreaming mind could share other people's real waking experiences.

The Oneironaut, a dream traveller, reawakens perpetually into a dream. Confusing memories and reality, he tries to use dream logic to return to his sleeping body. As he occupies your consciousness, he guides you through the park and through to his realisation of the somber truth.

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