

**ANYWHERE** - Follow the Echo - **David Tidoni** - various - 2016 - listening

# LISTENING INTERVENTION 10 EXERCISES

## INTRO

THE EXERCISES PRESENTED IN THIS BOOK HAVE BEEN DEVELOPED BY THE AUTHOR AS PART OF HIS LISTENING WORKSHOPS AND ARTISTIC RESEARCH ON ACOUSTICS AND THE BODY.

EXPLORING ISSUES CONCERNING: CONTACT, FILTER, AND DISTANCE, EACH OF THE EXERCISES EVOKES A SITUATION WHERE THE BODY IS USED WHOLLY AS A MEDIUM FOR EXPERIENCING SOUNDS IN RELATION TO ONE'S PRESENT SELF.

THE EXERCISES GUIDE LISTENERS TO ENCOUNTER SOUNDS DISTRIBUTED IN SPACE IN RELATION TO THEIR SOURCES CONSIDERING SHIFTS IN FREQUENCY, LOUDNESS, AND REVERB.

### Credits

Concept, signs and text:  
Davide Tidoni  
Graphic: Marzia Daffini  
Editor: Brian Shabaglian  
Production: Davide Tidoni  
with Overtoon, Brussels 2016

## NOTES FOR PERFORMING THE EXERCISES

THE EXERCISES CAN BE PERFORMED INDIVIDUALLY OR IN GROUP.

THE SAME EXERCISE CAN BE PERFORMED IN DIFFERENT LOCATIONS AND AT DIFFERENT TIMES.

CHOOSE A LOCATION WHERE YOU FEEL AT EASE WITHOUT ANY CONCERN OF DISTURBING OTHERS AND BEING ASKED TO STOP.

THE LOCATION SHOULD ALLOW YOU FREEDOM OF MOVEMENT WITH THE POSSIBILITY TO WALK LONG DISTANCES.

THE ACOUSTICS OF THE LOCATION SHOULD BE GOOD ENOUGH TO ALLOW YOU A CLEAR UNDERSTANDING OF HOW SOUND INTERACTS WITH SPACE.

PERFORM THE EXERCISES ONLY WHEN YOU FEEL COMMITTED TO.

THE DURATION OF EACH EXERCISE SHOULD BE DETERMINED BASED ON YOUR INTENTION TO FULLY REALIZE THE PERFORMANCE.

THE WORDS "SOUND," "LOUDSPEAKER," OR "MICROPHONE" USED IN THESE EXERCISES CAN BE THOUGHT OF IN SUBSTITUTION WITH THE PERSONAL PRONOUNS "I," "YOU," "HE," "SHE," ETC.

# FOLLOW THE ECHO



POSITION YOURSELF WITHIN A SPACE HOLDING A PAINT BUCKET AND A DRUMSTICK.

START WALKING AND BEATING SINGLE STRIKES ON THE PAINT BUCKET AT REGULAR INTERVALS IN RHYTHM WITH THE PACE OF YOUR FOOTSTEPS. FOCUS ON HOW THE STRIKES PROPAGATE SOUNDS IN SPACE AND GENERATE ECHOES.

IF YOU HEAR AN ECHO, WALK TOWARDS IT. ONCE YOU REACH THE SURFACE THAT GENERATED THE ECHO BEAT THE PAINT BUCKET AGAIN AND MOVE TOWARDS THE NEW ECHO.

CONTINUE LIKE THIS STRIKING THE PAINT BUCKET AND FOLLOWING THE ECHOES AS IF YOU WERE BEING LEAD BY THEM. THE SOUND REFLECTIONS INFORM YOU WHERE TO GO AND GUIDE YOUR PATH.

IF YOU DON'T GET AN ECHO OR GET STUCK IN A DEAD SPOT LOOPING BACK AND FORTH IN THE SAME LOCATION, STOP AND CHANGE PLACE.

THE EXERCISE IS COMPLETED WHEN YOU HAVE WALKED ENOUGH TO FEEL SATISFIED OR NEED TO TAKE A BREAK.

Do not beat the paint bucket continuously without interruptions filling up the space with sounds. Be aware of the time before and after each strike.