

Welcome to the first edition of [The Museum of Walking Journal](#).

At the **Museum of Walking** we invite you to explore ideas around walking through walking. We will showcase what the *Museum of Walking* is currently offering. Our aim is to create a community of like minded curios to join us. We welcome collaborations and are currently working with festivals, museums and creatives, in fact with people just like you!

**So, calling on all you** people of ideas, explorers of your built environment, movers and shakers, space hackers and urban romantics. We know you are out there and we want to hear from you. If you have been to any of our events, be it a discovery walk like **Look Up London** or **Seeking a Lost River** exploration you will have experienced what we do.

“The art is in taking part”: we will ignite your creativity and curiosity through journeys of reflection and discovery.



We know that many of you are active in your commitment to walking, keeping fit and simply being inquisitive about the environment we all share.

We will keep you up to date with the *Museum of Walking* calendar of events whilst seeking and developing new partnerships of like minded people who want to get involved with our vision in making walking and art a way forward.

Many of you will have met **Andrew Stuck**, ideas man and networking legend. His company *Rethinking Cities* has been steadily building partnerships across a diverse network of people who work in the built environment and want to change the urban space between the bricks. The *Museum of Walking* has come out of this work. A museum with a creative and artistic interpretation of our environment. We are a nomadic museum, perhaps the first of its kind. We may be light in footprint but we are far from lightweight.

If you want to change your world and are interested in challenging your perceptions of the outside and the space around, you may work in design and innovation or just be a keen observer who would like to see your environment in a less fearful way, **hello!**

A walk clears the head and often we have our best creative impulses, that *lightbulb* moment that we all wished happened more often. As science catches up with what we have known for centuries, we now know walking is good for us mentally, creatively and spiritually. A good walk with a great group of people helps relieve depression and makes us feel better about life with the added benefit of helping to keep our waistline trim.

### *Dates for your Diary*

#### **Ruskin Walk - 'Sheltering Shoreditch', London £25**

*Includes a 'makery' workshop at the Geffrye Museum*

*A curated walkshop in collaboration with Martin Fidler*

**Saturday 7th February 10.30am -1.30pm**

[Read more](#) or [Book now](#)



#### **Walk the Dial - Primrose Hill, London £30**

*Explore how to use your digital camera and take some magical pictures within the city.*

**Saturday 28th February 10.00am-1.00pm**

Technique walkshop [Read more](#) or [Book now](#)



#### **Light and Dark - New England Quarter, Brighton £40**

*Of interest to people who work in the built environment.*

*A discovery in different lights.*

**Tuesday 10th March 3.45pm-7.30pm**

[Read more](#) or [Book now](#)

#### **Sounding out Peder Balke £25**

*Exploring the artist and his journey through landscape painting.*

*An event commissioned by the National Gallery, London.*

**Saturday 28th March 2.00pm-4.00pm**

[Booking via the National Gallery website.](#)

We are always delighted with collaborations so do get in touch. We get commissioned by people just like you and without your support we would be hungry nomads!

**Are you interested in** running an event or facilitating a walk or walkshop? Please do get in touch if only to let us know what events you would like to see us running, by e mailing [talkingwalking\[at\]museumofwalking.org.uk](mailto:talkingwalking@museumofwalking.org.uk)



Every month we publish a new podcast episode of an interview with an artist, activist, and professional who use walking in their practice - listen in this month to performance artist [Bill Aitchison](#)

Published by **Rethinking Cities Ltd**, Greenwich,  
London Company number 5801458  
[@RethinkCities](http://www.rethinkingcities.net)  
<http://www.museumofwalking.org.uk/>  
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